

# CURRICULUM VITAE

<b>Henry H. Lindner, MD</b>	Wife: Zabel Bedrossian
<b>HormoneRestoration.com</b>	Children: 2
henry@hormonerestoration.com	Tel/fax: 570-955-3495/836-3290

## INTRODUCTION

I did general practice medicine for 15 years, mostly in overseas military and corporate settings. Since November, 2004 I have specialized in hormone restoration. I base my practice on my own research and reasoning, not on outdated assumptions and guidelines. I specialize in thyroid and adrenal hormone restoration.

## ACADEMIC HISTORY

### UNDERGRADUATE EDUCATION

Geneva College, Beaver Falls, Pennsylvania 15010  
B.S. in Premedicine, May 1980, Summa Cum Laude

### MEDICAL SCHOOL

Jefferson Medical College, Philadelphia, Pennsylvania 19107  
M.D., 8 June 1984, Magna Cum Laude  
Alpha Omega Alpha Honor Medical Society  
The C.V. Mosby Company Prize (given to three outstanding graduates)  
The Baldwin L. Keyes Prize in Psychiatry (honorable mention)  
United States Air Force Health Professions Scholarship

### INTERNSHIP

Wright State University School of Medicine Dayton, Ohio and Wright-Patterson Air Force Base Medical Center Wright-Patterson AFB, Ohio  
Resident in Psychiatry, 1 July 1984 to 30 June 1985  
Rotations: Psychiatry, Internal Medicine, Neurology, Emergency Room  
Residency resigned voluntarily, June 1985, due to my disagreement with the dominant biomedical/pharmaceutical model in psychiatry

### **POSTGRADUATE COURSES**

Primary Care Orthopedics, Mar 86  
Family Practice and Emergency Medicine Conference, Sept 86  
Aerospace Medicine Primary Course-distinguished graduate, Jul-Sept 87  
Quality Assurance Symposium, Nov 87  
Management for Chief of Hospital/Clinic Services, May 88  
Family Practice Review, Feb 89  
Am. Academy of Family Practice Scientific Assembly, Sept. 1998  
Evidenced-Based, Cost-Effective Primary Care, July 2000  
Family Practice Review, January 2001  
Medical Review Officer Primary Course, Dec. 2003, certified.

### **HORMONE REPLACEMENT COURSES**

The Effects of Hormonal Therapies on Quality of Life Issues, Part 1, March 2005  
The Effects of Hormonal Therapies on Quality of Life Issues, Part 2, August 2005  
Bio-Identical Hormone Replacement Therapy Seminar, PCCA, November 10-12 2005  
Mastering the Protocols for Bioidentical Hormone Replacement, Part 3, Feb 2007  
(Parts 1, 2 and 3 with Dr. Neal Rouzier, [www.hormonedoctor.com](http://www.hormonedoctor.com))  
Bio-Identical Hormone Replacement Symposium, A4M, October 8-10, 2010

## **LICENSURE--PENNSYLVANIA**

### **PRACTICE HISTORY**

#### **USAF Medical Center Wright-Patterson AFB**

Primary Care Clinic and Emergency Room, Dayton, OH  
1 Jul 85 to 30 Aug 85  
Temporary assignment after internship, awaiting orders.

#### **USAF Clinic Izmir**

Izmir, Turkey  
25 Sept 85 to 11 Jul 87  
Chose an assignment as a General Medical Officer in a three-physician clinic with 24 hr. responsibility for 2300 Dept. of Defense personnel and dependents living in a large Turkish city. Provided routine outpatient care, temporary inpatient care, and emergency care. Consulted local specialists and arranged aeromedical evacuations as needed. Participated in disaster-response planning and exercises.

#### **USAF Clinic Lowry**

Lowry AFB, Denver, Colorado  
15 Sept 87 to 10 May 89  
Chief of Clinic Services and Chief of Aeromedical Services (Flight Surgeon): Medical supervisor of all aspects of environmental health, industrial hygiene, flight medicine, and outpatient medical care for a base population of 9,000 active duty troops and a clinic with 50,000 outpatient visits per year. Created an urgent care appointment system that eliminated long sick-call waiting times.

### **Consulting Clinics**

Riyadh, Kingdom of Saudi Arabia

10 June 1989 to 29 April 1995

Medical Director for Boeing Corporation's Peace Shield and Peace Sentinel programs: A new position created for the purpose of improving the medical services rendered to approximately 1500 American personnel and dependents in the Kingdom of Saudi Arabia. Served as liaison between Boeing and various private and public medical facilities. For the Peace Shield Program, I supervised 5 physician assistants working in remote sites and inspected local medical facilities at each of sixteen locations throughout Saudi Arabia. I resigned from this position after six years due to the isolation of working in Saudi Arabia and to establish a home in the US.

### **Resource Sciences Arabia Limited**

Riyadh, Kingdom of Saudi Arabia

7 July 1997 to 27 June 2001

Returned to Saudi Arabia to become Chief Physician, Boeing/McDonnell Douglas Peace Sun Program: Responsible for 4 clinics located throughout Saudi Arabia—providing medical care to over 3000 American defense contract employees and family members.

### **Concorde Inc.**

1835 Market St., 12<sup>th</sup> floor, Philadelphia, PA 19103

2 Jan 2004 to June 2006

Medical Director of an occupational health company. Medical Review Officer for workplace drug testing results.

### **Lane Wellness Center**

Tunkhannock, PA 18657

Nov. 2004 to Jan. 2007

Learned trigger-point therapy. Introduced to new ideas about the diagnosis and correction of hormonal disorders—including the restoration of hormones lost to aging. Began learning about and performing hormone replacement.

### **HormoneRestoration.com**

Tunkhannock, PA 18657

Feb. 2007 to present

Began my own private practice dedicated to improving health and quality of life by optimizing levels of vital hormones and nutrients. I have specialized in the diagnosis and correction of partial thyroid and adrenal insufficiencies in persons with fatigue, depression, and pain. See website for details

## **PUBLICATIONS**

Beyond Consciousness to Cosmos—Beyond Relativity and Quantum Theory to Cosmic Theory, *Physics Essays* **15**, 1: 113-27, 2002.

Beyond Relativity and Quantum Mechanics: Space Physics, SPIE proceedings, 2011

A QED-Compatible Wave Theory of Light, Electrons, and their Interactions, SPIE 2011

Beyond Newton and Einstein to Flowing Space, *Physics Essays* **25**, 4:500-9, 2012

## **INTERESTS**

I am an independent thinker and researcher and have studied philosophy, history, economics, psychology, and theoretical physics. I repair and fine-tune machines, from my 1953 Farmall SuperC tractor to my car and computers. I'm the father of two girls who have grown up naturally, without any coercion in their own self-education and development.

## **REFERENCES**

Dr. Scott Kennedy, US State Department

Dr. Lee Heutel, Chief of Occupational Medicine for McDonnell Douglas, div. Of Boeing

Mr. Ted Bell, Mr. Glenn Lamb, former executives for Boeing Middle East Limited

Dr. Derek Hargis, Internal Medicine Physician, Hofuf, Saudi Arabia

PA-C Edward Cantu, Nacogdoches, TX.

Sandra Lane DC, Tunkhannock, PA